



At A Glance - a list of our courses, retreats, workshops and events , In Centre and Online via zoom.
Page references refer to our Programme brochure where you can find more details.

All Year 2025-2026					
IC	Retreat in Daily Life	Once a week for 7 weeks. Dates to be agreed with accompanier	To be agreed	£125 total	p23
O	Online Individually Guided Retreats	For up to 5 days. Dates to be agreed with accompanier	To be agreed	£25 per day	p23
IC	Taize Prayer (Wednesdays)	10/09, 08/10, 12/11, 10/12, 14/01, 11/02, 11/03, 29/04, 13/05, 10/06, 08/07	12 noon - 1pm	No charge	p9
IC	Shared lunch space (Wednesdays)	10/09, 08/10, 12/11, 10/12, 14/01, 11/02, 11/03, 29/04, 13/05, 10/06, 08/07	12 noon - 1pm	No charge	p9
IC	Community Cinema (Wednesdays)	10/09, 08/10, 12/11, 10/12, 14/01, 11/02, 11/03, 29/04, 13/05, 10/06, 08/07	12 noon - 1pm	Donations refreshments	p9
IC	Christian Classics (Tuesdays)	16/09, 21/10, 11/11, 02/12, 13/01, 03/02, 03/03, 24/03	12.45pm - 1.30pm	£40 total	p8
IC	Wellbeing (Thursdays)	02/10, 06/11, 04/12, 08/01, 05/02, 05/03, 07/05, 04/06, 02/07	10.30am - 12.30pm	£10 per session	p10
IC	Praying through Poetry (Tuesdays)	07/10, 04/11, 02/12, 03/02, 03/03, 05/05, 02/06, 07/07	10am - 12 noon	£5 per session	p10
O	The Great Search (Fridays)	10/10, 24/10, 14/11, 05/12, 16/01, 06/02, 27/02, 20/03, 24/04, 15/05, 05/06	10am - 11.30am	£40 per term	p8
Spring Term 05/01/2026 - 27/03/2026					
O	Gate of the Year	Saturday 10 January	10am - 3.30pm	£25	p10
IC	Unfolding Scripture	Mondays 12/01, 26/01, 09/02, 02/03, 09/03, 16/03	1.30pm - 3pm	£10 per session	p11
IC	Mary Ward: A Woman of Hope	Saturday 17 January	10am - 3.30pm	£25	p11
O	Guided Prayer (Spring) (Mondays)	19/01, 26/01, 02/02, 09/02, 23/02, 02/03, 09/03, 16/03	5pm - 5.30pm	£24 for all or £3 for 1	p11
IC	Ennegram	Wednesdays 28/01 and 04/02	10am - 4.00pm	£60	p12
IC	She Who Is	Saturday 31 January	10am - 3.30pm	£25	p12
IC	Sand Play and Prayer	Friday 13 February	10am - 3.30pm	£25	p13
IC	Singing for the Soul	Tuesday 17 February	2pm - 4.30pm	£15	p13
O	Online Lent Talks	4 speakers online on Tuesday evenings	7pm - 8pm	£5 each talk	p13

O	Tuesday 24 February	Online Lent Talk Siobhan Burke 'Belonging'	7pm - 8pm	£5	p13
O	Tuesday 10 March	Online Lent Talk Una Agnew 'Poetry and Patrick Kavanagh'	7pm - 8pm	£5	p13
O	Tuesday 17 March	Online Lent Talk Kate Bruce 'Embodying Hope in a Fractured World'	7pm - 8pm	£5	p13
O	Tuesday 24 March	Online Lent Talk Margaret Silf 'The Wisdom Years'	7pm - 8pm	£5	p13
IC	Thomas Merton and discovery of true self	Wednesday 25 February	10am - 3.30pm	£25	p14
IC	Mystery and Wonder	Wednesday 4 March	9.45am-1.30pm	£15	p14
IC	Out of the Box	Wednesday 11 March	10am-12pm	£10	p14
IC	Becoming	Saturday 14 March	10am - 3.30pm	£25	p15
IC	Reclaiming the Body	Saturday 28 March (note change of date)	10.30am - 12.30	£10	p15
IC	St Francis and St Clare	Wednesday 25 March	9am - 1pm	£20	p15

Summer Term 13/04/2026 - 24/07/2026

O	Summer Guided Prayer (Mondays)	20/04, 27/04, 11/05, 18/05, 01/06, 08/06, 15/06, 22/06	5pm - 5.30pm	£24 for all or £3 for 1	p16
IC	The Raising of Lazarus	Wednesday 22 April	10am-1pm	£15	p16
IC	Creative Workshop series	22/04, 29/04, 06/05, 13/05	10am - 12 noon	£50 the series	p16
IC	George Herbert	Wednesday 06 May	7.30pm-9pm	£12	p17
IC	Singing for the Soul	Saturday 23 May	10am-3.30pm	£25	p17
IC	Tai Chi and Meditation	Saturday 30 May	10am - 3.30pm	£25	p17
IC	Art of Spiritual Writing	Wednesday 03 June	10am - 3.30pm	£25	p18
IC	Out of the Box	Wednesday 08 July	7pm-9pm	£10	p18
W	Sea, Creation, Ecology and Prayer Retreat	Fri 12/06 (eve) until Sun 14/06 (lunchtime)	Fri eve - Sun lunch	£250	p19
W	Rewilding the Heart	Fri 03/07 (eve) until Sun 05/07 (lunchtime)	Fri eve - Sun lunch	£250	p19
IC	Strawberry Tea	Sunday 19 July	2pm - 4pm	No charge	p18
IC	Wisdom Years Summer School	Tues 21/07, Wed 22/07, Thurs 23/07	10am - 4.30pm	£100	p20

Opening Hours

Monday, Tuesday Wednesday, Thursday, Friday and Saturday 9am - 5pm
(we are closed on certain Wednesdays so please ring before visiting)

Monday and Wednesday evenings 6.30pm - 9.30pm