


























At a Glance - a list of our courses, retreats, workshops and events, in Centre  and online  via Zoom









Page references refer to our Programme brochure where you can find additional details

All Year 2024-2025					
	Retreat In Daily Life	Once a week for 7 weeks. Dates and times to be agreed with your accompanier.		£125 total	P19
	Online Individually Guided Retreats	For up to 5 days. Dates and times to be agreed with your accompanier.		£25 per day	P19
	Praying through Poetry	03/09, 01/10, 05/11, 03/12, 04/02, 04/03, 01/04. 06/05, 03/06, 01/07	10am-12noon	£5 per session donation	P7
	Finding Life and Active Hope	06/09, 04/10, 01/11, 06/12, 10/01, 14/03, 04/04, 02/05, 13/06	10am—12.30pm	£40 per term £120 for full course	p6
	Together in Meditation: Sharing Sacred Stillness	07/09, 02/11, 14/12 . 04/01, 01/03, 05/04. 03/05, 07/06, 05/07	10am-12.30pm	Donations welcome	p6
	Drop-in Taizé Prayer	11/09, 09/10, 13/11, 11/12. 08/01, 12/02, 12/03, 02/04. 14/05, 11/06, 09/07	12noon-1pm	No charge	p8
	Shared lunch space	11/09, 09/10, 13/11, 11/12. 08/01, 12/02, 12/03, 02/04. 14/05, 11/06, 09/07	1pm-2pm	No charge. Bring your own lunch.	p8
	Community Cinema	11/09, 09/10, 13/11, 11/12. 08/01, 12/02, 12/03, 02/04. 14/05, 11/06, 09/07	2pm-4.30pm	Donations for refreshments	p8
	Wellbeing Sessions	24/09, 29/10, 26/11. 28/01 25/02 25/03. 29/04 27/05 24/06	1.30-3.30pm	£10 per session	p7
	Creative Space	09/10, 13/11, 04/12	10am-12noon	£10 per session	p7
	Sacred Earth, Sacred Soul	11/10, 25/10, 15/11, 06/12. 17/01, 07/02,	10am-11.30am	£120 or £40 per	p6
Autumn Term 29/08/2024 - 20/12/2024					
	Guided Prayer	30/09, 07/10, 14/10, 21/10, 04/11, 11/11, 18/11, 25/11	5pm-5.30pm	£24 for all 8 or £3 per session	p9
	Tai Chi and Meditation Day	05/10	10am-3.30pm	£25	p9
	Prayer & Reflection on Scripture in 3D	23/10	10am-3.30pm	£25	p9
	Northern Saints	30/10	10am-3.30pm	£20	p10
	Thomas Berry 'Dreamer of the Earth'	16/11	10am-15.30pm	£20	p10
	Living Word: Minor Prophets, Major Messages	25/11, 02/12, 09/12, 16/12	10am-12noon	£20 for the series	P10
	Christian Imagery in the Medieval Parish Church	27/11 and 04/12	10am-12.45pm	£30 total	p11
	Christmas Wreath Making	29/11	1.30-4pm	£35	p11


Autumn Term cont. 29/08/2024 - 20/12/2024

 Christmas Labyrinth	11/12	All day	No charge	p12
 Christmas Coffee Morning	11/12	10am-12noon	No charge	p12

Spring Term 03/01/2025 - 11/04/2025

 To Bless The Space Between Us	11/01	10am-3.30pm	£25	p13
 Guided Prayer	20/01, 27/01, 03/02, 10/02, 24/02, 03/03, 10/03, 17/03	5pm-5.30pm	£24 for all 8 or £3 per session	p13
 Etty, a very modern mystic	22/01	10am-3.30pm	£25	p13
 Tai Chi & Meditation Day	01/02	10am-3.30pm	£25	p14
 Belonging: Remembering Ourselves Home	15/02	10am-3.30pm	£20	p14
 Lent Workshop Series	26/02, 05/03, 12/03, 02/04	10am-12noon	£75 total	p14
 A Spiritual Audit for Lent	08/03	10am-4pm	£25	p15
 Living Word: Lent	10/03, 17/03, 24/03, 31/03	10am-12noon	£20 for series	p15
 Online Lent talks 4 speakers	13/03, 20/03, 27/03, 03/04	7pm-8pm	£5 each talk	p15

Summer Term 28/04/2025 - 25/07/2025

 Tai Chi & Meditation Day	Sunday 04/05	10am-3.30pm	£25	p16
 Mary Oliver	07/05	10am-1pm	£10	p16
 Charity Plant Swap	10/05	10am-12noon	Swap a plant!	p24
W Whitby Retreat In Harmony with Creation	09/05-11/05	Fri eve - Sun lunchtime	£220	p17
 Return from Exile	17/05	10am-3.30pm	£25	p16
W Whitby Retreat Rewilding the Heart	27/06-29/06	Fri eve - Sun lunchtime	£220	p17
 Strawberry Tea	Sunday 20/07	2pm-4pm	No charge	p18
 Summer School	July 2025 — details to be confirmed			p18

OPENING HOURS

Monday, Tuesday, Wednesday, Thursday, Friday, Saturday 9am - 5pm
(we are closed on certain Wednesdays so please ring to check before visiting)

Monday and Wednesday evenings 6.30pm - 9.30pm

For further information and to book your place, please contact:

fiona@stbedes.org.uk 01904 464900 www.stbedes.org.uk

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