

AN ONLINE COURSE IN SPIRITUAL CONVERSATION

Learning to Listen and Respond to Others More Deeply



Image: 'Friendly Conversation' by Rose Brenna

**SEPTEMBER 2024 - JUNE 2025
ST BEDE'S PASTORAL CENTRE**

'To listen another's soul into a condition of disclosure and discovery, may be almost the greatest service that any human being ever performs for another.' - Douglas Steere

THE COURSE OUTLINE

The course takes place online in an ecumenical context and is rooted in the Ignatian spiritual tradition.

It will start with an Opening Saturday on 28th September 2024 (10am – 1pm) and will be running for 3 terms. Each term consists of 3 monthly Tuesday evening sessions (7pm to 9.20pm).

Over the course we will be exploring together:

- ways of fostering our listening skills
- how we can become better attuned in our conversation with others
- what characterises a ‘spiritual’ conversation
- how we can help people sift their experience
- how we can help people in making decisions
- different contexts for Spiritual Conversation
- how we can create safe space for Spiritual Conversation

The course will include a mixture of input from the team, small group sharing, practical exercises and observed conversation practice. There will be some light reading and practice exercises between sessions and a short reflective piece of work at the end of each term, which can be undertaken in a range of different ways. Each participant will be offered a 1:1 tutorial per term.

The key aims of the course are:

- to become sensitive and alert to opportunities for spiritual conversation in everyday life
- to increase confidence to enter into spiritual conversations with others
- to grow in being alongside others in a discerning way

PARTICIPANTS

This course is open to all adults of any Christian denomination. However, the number of places is limited.

In order to preserve the continuity of the group and to gain full benefit, participants are encouraged to attend ALL sessions.

If you have any questions as to whether this course is appropriate for you at this particular time in your life, please arrange through the St. Bede's office to have an informal conversation with one of the team.

COURSE TEAM

The team will consist of three tutors all trained in Ignatian spiritual accompaniment.

Paul Golightly is the Director of St. Bede's and has been involved in the training of those in Listening and Accompaniment Ministries for two decades.

Siobhan Burke is trained in Ignatian Spiritual Accompaniment and is a member of the spirituality team at St Bede's.

Fiona Gowers has a background in Education and is trained in Spiritual Accompaniment

COST

The fee for the course is £285 for the year, payable in termly instalments of £95. Bursaries are available for those on a limited income so please do enquire if cost is an issue.

COURSE DATES:

AUTUMN – 28th Sept (Sat), 8th Oct, 5th Nov, 3rd Dec

SPRING – 7th Jan, 4th Feb, 4th March

SUMMER – 1st April, 6th May, 3rd June

APPLICATIONS

As places on the course are limited potential participants are invited to submit an application to apply for a place. Applicants may be invited for an informal exploratory conversation following submission of their application. Application forms can be downloaded from the St. Bede's website or requested from the office.

The closing date for applications is Friday 19th July 2024. The team will aim to notify successful applicants by Friday 26th July 2024.

Please send completed application forms to: Fiona Hill, Course Administrator, St Bede's Pastoral Centre, 21 Blossom Street, YORK YO24 1AQ.

St Bede's Pastoral Centre

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