

Practical Details

Each Wednesday begins at 10am running through to 5pm. Twice a year each participant will have a tutorial starting at 9am.

It is very important that these days are not missed unless it is absolutely unavoidable. Each day will have essential reading and written work attached to it.

Cost

The fee for the course is £600 a year payable in instalments. There are bursaries available for those on limited income so please enquire if cost is an issue.

Applications and Interviews

To obtain an Application Form, please email Fiona Hill, Course Administrator fiona@stbedes.org.uk collect from St Bede's Office or download from www.stbedes.org.uk Please return your form by **Monday 15th April** either by email to Fiona Hill or return to the St Bede's Office in an envelope marked 'Confidential YISAC'. Please note that the deadline for References is **Friday 19th April**.

Interviews will be confirmed by **Friday 26th April** and will take place at St Bede's on **Wednesday 8th May** and **Friday 10th May**.

Introductory meeting

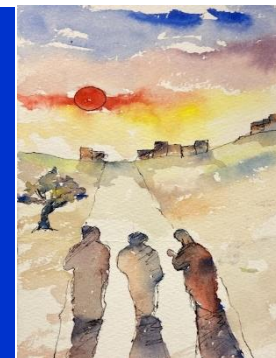
An introductory meeting will take place on **Wednesday 3rd July 2024** from **10am-1pm** for all those accepted on the course.

If you have questions or are uncertain whether this course is for you, please contact Fiona Hill who will put you in touch with one of the course tutors.

St. Bede's Pastoral Centre
21 Blossom Street, York YO24 1 AQ.
www.stbedes.org.uk

Fiona Hill
fiona@stbedes.org.uk
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York Ignatian Spiritual Accompaniment Course 2024-26



Artwork Emmaus Watercolour Study
by Patrick Dominguez

YISAC is an ecumenical course which aims to provide a foundation for learning to accompany others on their faith journey.

It is rooted in the Ignatian tradition, drawing its inspiration from the Spiritual Exercises of St Ignatius of Loyola.

It is suitable for those who already have some background in spirituality and faith accompaniment.

Key Course Components

- The underlying principles of spiritual accompaniment
- Life issues and spiritual accompaniment
- Practice of the skills used in spiritual accompaniment
- Application of the Spiritual Exercises of St Ignatius

Venue	St Bede's Pastoral Centre, York. YO24 1AQ
Day/Time	Wednesdays 10am-5pm
Dates	
2024-5	18 Sept/16 Oct/20 Nov/no meeting in Dec /15 Jan/18 Feb/19 March/09 April/21 May/18 June/16 July.
2025-6	17 Sept/15 Oct/19 Nov/ no meeting in Dec/21 Jan/18 Feb/ 18 March/15 April/20 May/17 June

Course Programme

Over the two-year course aspects of the following topics will be covered:

The underlying principles of spiritual accompaniment

What is spiritual accompaniment and what does it require to work well? This will involve looking at the development of prayer in the spiritual journey and working with relationships, boundaries and resistance as they affect spiritual accompaniment.

Life issues and spiritual accompaniment

An exploration of areas such as bereavement, sexuality, images of God and self, relationships human and divine, gender issues, shame, anger, structural sin, blocks to prayer and more...

Practice of the skills used in spiritual accompaniment

Work in triads and small groups practising the skills of spiritual accompaniment with facilitation from the course tutors.

Application of the Spiritual Exercises of St Ignatius

The 'Spiritual Exercises' will be studied throughout as a basis for spiritual accompaniment

Approaches to learning

Each day will contain theoretical input, personal and group reflection and participation in exercises to develop appropriate skills. There will be required reading and written work between the monthly meetings.

Each participant will have a meeting twice a year with a course tutor so that there is ongoing personal evaluation and assessment.

Participants

Successful applicants will need to:

- have completed the Spiritual Exercises either as a 30 day retreat or as the 19th Annotation in daily life or in blocks.
- have had some previous training in prayer, spirituality and listening skills.
- show some evidence of potential gifts in the field of spiritual accompaniment.
- be receiving their own spiritual accompaniment.

The course is demanding - it requires commitment to all the sessions, to the coursework, background reading and personal reflection.

Course Tutors

Siobhan Burke is trained in Ignatian Spiritual Accompaniment and is a member of the St Bede's Spirituality Team.

Susan Collier is an Anglican priest. Her time now is mostly spent in spirituality and spiritual accompaniment. Previously she worked as a hospice doctor.

Anne Harrison is a spiritual director and offers retreats in the Ignatian tradition. She also is a psychosynthesis therapist, and facilitator of the Capacitar Wellbeing programme.

Liz Hoare is the lead tutor for the YSAC course. She is an Anglican priest and an experienced spiritual accompanier. Previously responsible for spiritual formation at an Anglican theological college, Liz's time is now mostly focused on spiritual accompaniment.