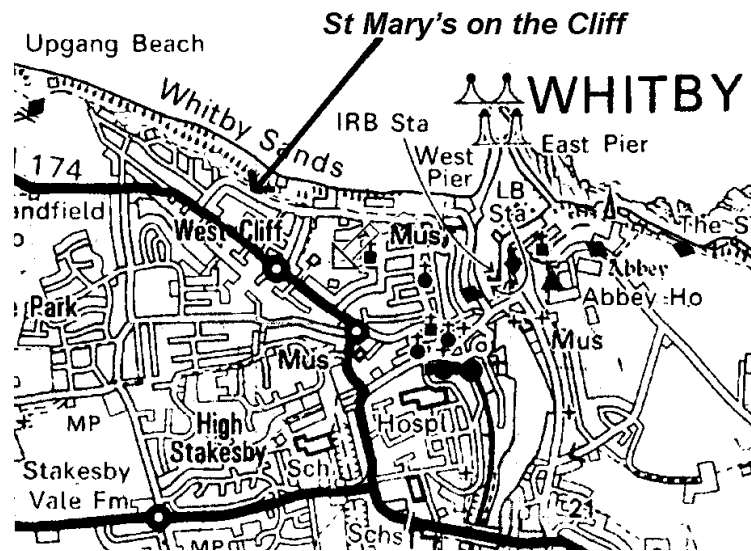


Location of St Mary's on the Cliff

North Promenade, West Cliff YO21 3JX Whitby 01947 602 311

I will ONLY be there during the retreat period so please only use the phone number above during that time, at all other times please contact me in York, thank you. 01904 464 954 or cecilia.goodman@virgin.net or 21 Blossom St, York YO24 1AQ



Taxis are usually available close to the Bus/train station near the Tourist information or you can walk up along the cliff [about 25']

TO WALK FROM THE HARBOUR TO ST MARY'S ON THE CLIFF

From the bus station, walk towards the old swing bridge, do not cross it, instead continue along the harbour edge until you get to the Band Stand and the road rising up to cliff top and the Whale's jaw bones. Take this road to just round the sharp bend [you go past the old life boat station and the public toilets on the other side of the road] then climb the steep steps to the top of the cliff. Continue walking along the cliff top away from the town, past the huge Metropole hotel for about 20', until just before the road bends inwards. Our house [No 15] has two bow windows and is next to the large building site which is used to be the last house on the road before it bends.

RETREATS AT WHITBY 2012



DIRECTED BY CECILIA GOODMAN CJ

FRIDAY JUNE 1st – SUNDAY JULY 1st

(Please do not plan to arrive on a Thursday as I am in York those days)

Are you looking for a time apart...

Space to reflect

and take stock...

A bit of time to spend with God...?

Would a retreat be the answer?

Retreats of between two and six nights may be booked to suit your needs and the available times.

LOCATION AND ORGANISATION

The house is on West Cliff, Whitby, right on the sea front and there is easy access to the beach via a relatively steep paved path or by a lift that runs most days. There is a sheltered garden behind the house and a variety of shops just round the corner. Whitby town is a 20 minute walk away.

The house is simple as is the organization of the retreat. The only fixed points are a daily (40 minute) meeting with Cecilia and a cooked evening meal (which can be eaten when and where it suits you). All you need for the other meals will be provided in the house.

The style of direction is basically Ignatian but is adapted for each person. It is a silent retreat so you are asked to keep silence throughout the house and garden.

The house has a small private chapel. There are churches of most denominations in the town and Mass is available locally.

Each evening we will have a time of silent prayer together in the chapel for those who wish.

Unfortunately the hotel next door to us is being demolished and rebuilt into small houses during the course of next year. This may make it unexpectedly noisy sadly but I hope the demolition at least will be over by Easter and the main building does not overlook our garden, so I hope we will be spared the worst noise.

Cost £40 per day

Please send £40 deposit with your booking form.

Some bursaries are available if there is need.

If you do have to cancel, please let me know as soon as you can so that I can inform those on the waiting list

PRACTICAL DETAILS

Sheets and towels are provided, and there is a washing machine and iron for those who are making longer retreats. All rooms are individual with their own sink and there are two bathrooms and a separate shower and toilet available.

There are Bibles and some simple art materials in the house.

You may find it helpful to bring warm clothes - even in summer the east wind can be very cold. However there is central heating, a log fire in the sitting room and double glazing in many of the rooms so the house itself is warm.

There are good and varied walks in the locality so if you enjoy this, do bring walking shoes. Maps of the area are available.

There is also a swimming pool nearby.

Please bring a pen and notebook and any suitable activities that you enjoy [sewing, etc.]

PERSONAL NEEDS

If you have any specific needs, dietary or otherwise, please can you put them on the booking form and discuss these with Cecilia before booking.

All the bedrooms are on the 1st floor up a short flight of steps.

While I will make every effort to accommodate particular requirements, it may not always be possible owing to the constraints of the house or the organization of the retreat.

If you are interested, or wish to know more, please contact Cecilia at St Bede's on 01904 464 954

Or by email cecilia.goodman@virgin.net

St Bede's Pastoral Centre 21 Blossom St, York YO24 1AQ