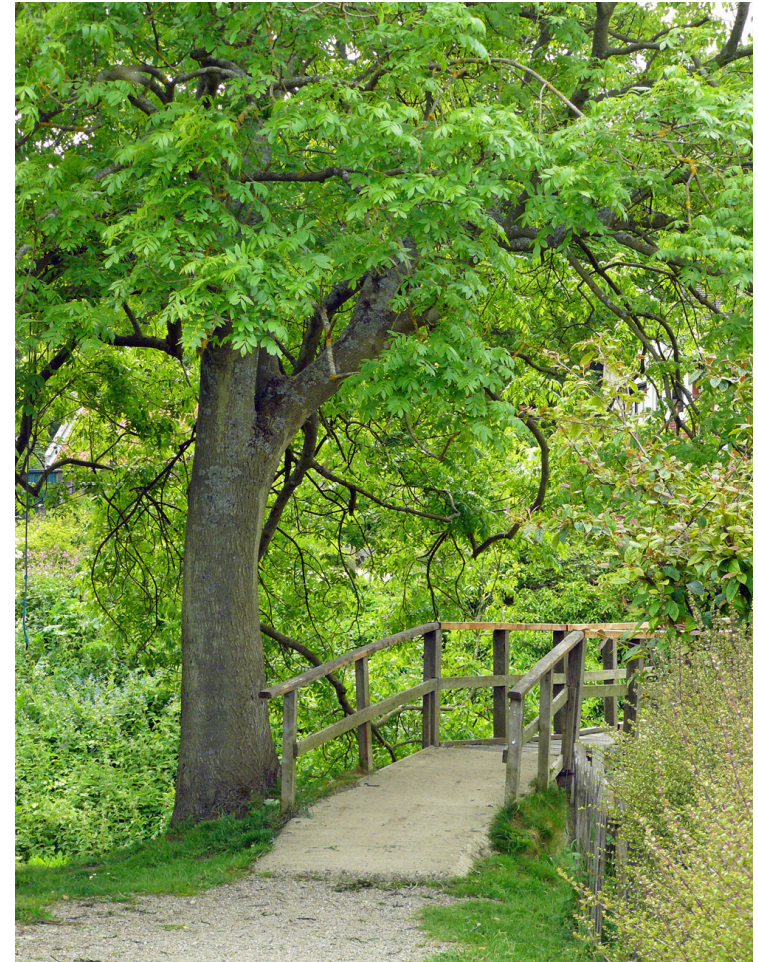


## PLAN FOR 2012

Wednesday January 18 <sup>th</sup> 10am -3.30pm	Rev Annie Borthwick	An introduction to using dreams in Spiritual Accompaniment
Wednesday February 15 <sup>th</sup> 10am -3.30pm		Practice Direction
Wednesday March 21 <sup>st</sup> 10am -3.30pm		Practice Direction
Wednesday April 18 <sup>th</sup> 10am -3.30pm	Cecilia Goodman CJ	An introduction to using the 'Inner Child' in spiritual accompaniment.
Wednesday May 16 <sup>th</sup> 10am -3.30pm		Practice Direction
Wednesday June 20 <sup>th</sup> 10am -3.30pm	John Knowles	An introduction to using Journaling in Spiritual Accompaniment.
Wednesday July 18 <sup>th</sup> 10am -3.30pm		Practice Direction
Wednesday September 19 <sup>th</sup> 10am -3.30pm	<i>To be arranged</i>	<i>Aspects of sexuality</i>
Wednesday October 17 <sup>th</sup> 10am -3.30pm		Practice Direction
Wednesday November 21 <sup>st</sup> 10am -3.30pm	Adrian Scott	Using the Enneagram in Spiritual Accompaniment.

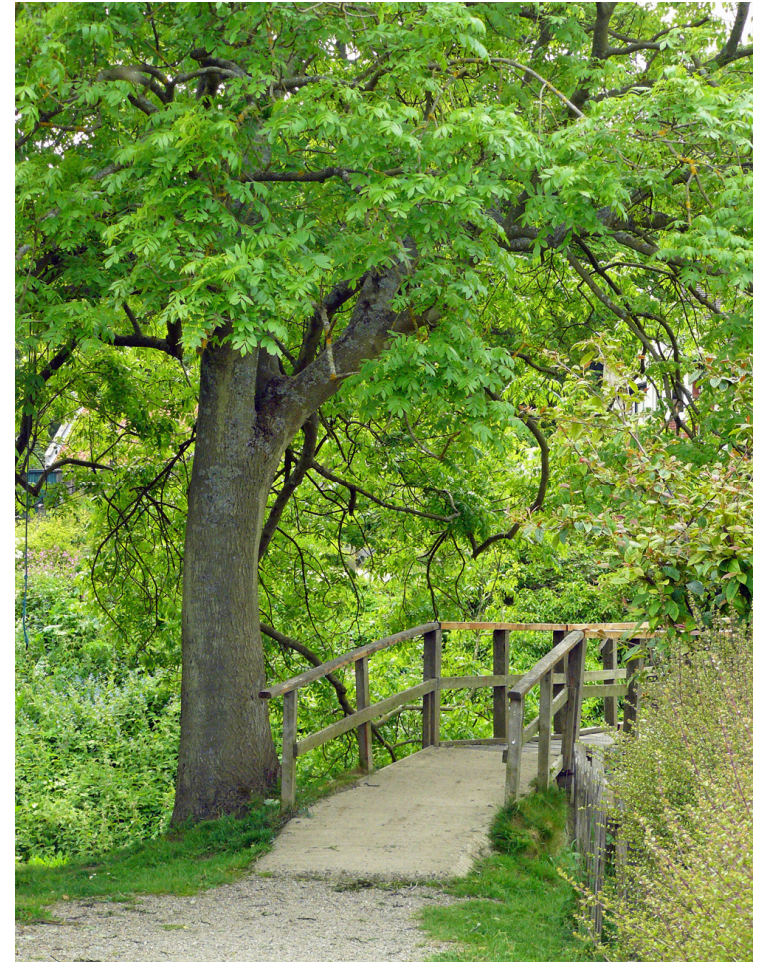


## DEVELOPMENT IN IGNATIAN SPIRITUAL ACCOMPANIMENT [DISAY]

St BEDE'S, 21 BLOSSOM STREET, York YO24 1AQ

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St BEDE'S, 21 BLOSSOM STREET, York YO24 1AQ

## DEVELOPMENT IN IGNATIAN SPIRITUAL ACCOMPANIMENT YORK [DISAY]

This programme is for anyone who is currently engaged in giving spiritual direction in the Ignatian tradition and receiving regular supervision. It is also open to all those who have attended YISAC.

### CONTENT OF THE PROGRAMME

The programme consists of 5 days of input and 5 days of practice direction. It takes place at St Bede's on the 3rd Wednesday of the month during 2012, excluding August and December.

The **input days** will vary in style and pattern depending on the speaker. You can choose to attend any or all of these days.

During the **practice direction days** our aim is to work in groups of four with a facilitator accompanying each group.

There will be a two hour session in the morning and in the afternoon. Each participant will have the opportunity to direct for thirty minutes, to be directed for thirty minutes and to observe two sessions. Constructive feedback from the observers and the facilitator will conclude the sessions.

If you wish to participate in the practice direction days **we ask you to apply for all five** since this way of working becomes increasingly valuable as all the participants become more familiar with the process.

### PRACTICAL DETAILS

The cost for each day will be £15 - but if this proves difficult, please email Cecilia Goodman [cecilia.goodman@virgin.net] for bursary details. The day will begin at 10am and end at 3.30pm.

If you have any queries about this program please contact Christine Tuck [cs.tuck@ntlworld.com]

If you wish to apply, please use the enclosed form or download it from the website [www.stbedes.org.uk]

Please send the completed form to **Christine Tuck** at St Bede's, 21 Blossom Street, York YO24 1AQ by **December 1st 2011**

### TEAM

Christine Tuck [Coordinator]; Susan Collier; Cecilia Goodman CJ; Maura Mullen.

### FUTURE POSSIBILITIES

We hope to follow this in 2013 with a year of training focusing on giving the 19th Annotation and possibly running The York Ignatian Spiritual Accompaniment Course [YISAC] again from September 2014 - July 2016.

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